

## **Course 5: Patient Mobility and Hygiene**

**Modality: Self-Paced Learning**

**Duration:**

Patient Mobility and Hygiene is designed to equip healthcare professionals with the knowledge and skills necessary to ensure the proper care, comfort, and safety of patients with mobility issues and hygiene needs. This course provides a comprehensive overview of the principles and techniques related to assisting patients in maintaining optimal mobility and personal hygiene.

**Course Outline:**